THIS MONTH @ FCC

A Note from the Pastor

Hello! And welcome to our new newsletter. I am excited that Kara has taken on this project and is helping us use new platforms that will make communication easier. Meanwhile, change is...well, change. So, if you have any questions, please just let us know and we will be happy to help you along the way. And we appreciate your grace as we learn how to do things a little differently.

As you read through this newsletter things will look different, but you will find:

- Information about Lent which will be here before we know it Lent begins on February 14.
- Information about upcoming mission projects throughout the spring.
- Reminders about ways you can connect with the ministries at First Christian Church.
- Information about things going on in our community that you might want to participate in.

Also, a couple quick January reminders:

- We are still collecting items for Kirkwood Elementary.
- We have a Soup Luncheon on January 28 after worship sign up below to help or to bring food.

Remember that you matter to me and to First Christian Church.

SOUP LUNCHEON SIGN UP

With care, Vill

This Issue

Lent @ FCC PAGE 02

Sunday Mornings PAGE 03

Bible Study & More PAGE 04

Keeping Connected PAGE 05

Annual Congregational Meeting PAGE 05

> In the Community PAGE 06

Thank You Notes Birthdays/Anniversaries PAGE 07

February Calendar Link PAGE 07





Ash Wednesday

FEBRUARY 14 AT 6PM

Lent begins with the introspection offered on Ash Wednesday. We will worship together that evening at 6PM. This simple service will help set the tone for the season. If you cannot join us onsite, worship with us online.

Spiritual Life Groups

BEGINNING THE WEEK OF FEBRUARY 18

Want to dive a little deeper into Lent? Join a Spiritual Life Group and spend time each week with a small group of others as together we explore the idea of what it means to embody our faith. Groups will be offered at different times and locations. Each group will meet five times during the season of Lent. Find the group that fits your needs and sign up today using the link to the right.

Faith Formation for Adults & Youth

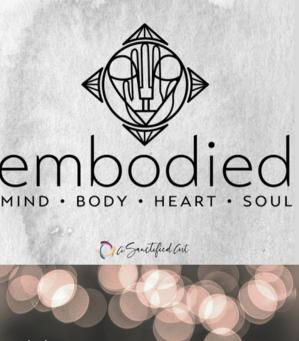
FEBRUARY 18, MARCH 3, 10, 17, & 24

Stay following worship to share in experiences that engage your creativity. From poetry to mandalas to creating collages to bread baking, these experiences will help you engage your whole self as we journey through Lent.

Faith Formation for Children

FEBRUARY 18 - MARCH 24

During Lent, children in Kindergarten through 5th grade will hear and wonder about stories of Jesus through our Children Worship & Wonder Ministry.



<u>Click Here</u> <u>to join a</u> <u>spiritual</u> <u>life group</u>



ALL ARE INVITED AND WELCOME TO WORSHIP EACH SUNDAY AT 10AM. WORSHIP IS AVAILABLE ONSITE IN THE SANCTUARY AND ONLINE AT YOUTUBE/@ICDISCIPLES

(†) II 💽 🕀

Sunday Mornings

Faith Formation - Adults & Youth

SUNDAYS AT 11:15AM

Click Here -->

Join us as we continue our series "A New Year, A New Year - Embody Well-Being." February 4 will focus on mindfulness and February 11 on meditation.

Beginning February 18, we will start our Lenten series exploring the theme "Embodied" through creative outlets.

Faith Formation - Children

SUNDAYS AT 11:15AM

Children age 5 through 5th grade are welcomed into our Children Worship & Wonder room. This month we will share parables and will wonder and respond with art and play.

Nursery

SUNDAYS 9:40AM - 12:00PM

Child care is available each Sunday morning during worship and through faith formation time. Children who are infants through Kindergarten age (and older children when needed) are invited to join our caregivers in the lower level east classroom for nurture and free play.



Called to Serve

Sunday morning worship brings together many hands and many voices. People (like you!) are needed to fill several roles each week as we continue our ministry of welcome. There is a role for everyone, and everyone can serve! Visit the links below for a description of the roles and to sign up where you feel called to serve.

<u>Greeter</u>

<u>Usher</u>

Valet Parking Attendant

Scripture Reader

Acolyte: children K - 6th grade

Communion: Prep & Clean Up

<u>Fellowship Time:</u> <u>treats to share or make coffee</u>



Bible Study

WEDNESDAYS AT 12 NOON

Join us on Zoom each Wednesday.

CONTACT THE CHURCH OFFICE FOR THE ZOOM LINK

<u>Upcoming Scriptures</u> January 31: Mark 9:2-9 February 7: John 1:14, Mark 12:28-34 February 14: Romans 12:1-8 February 21: Mark 5:24b-34 February 28: John 11:1-3, 17-44 March 6: Jeremiah 31:31-34







Strings & Singers

WORSHIP MUSIC

You are invited to be part of Disciples Strings & Singers, the music group that leads worship music at FCC. All instruments and abilities are welcome! Join us for rehearsals on: February 14 at 6:30PM and February 28 at 6PM in the sanctuary. Questions? Talk to Laura, icdisciple.music@gmail.com Youth Group - High School

SUNDAYS AT 4:30PM

CYF Youth (grades 9-12) meet each week in February at the home of Pastor Jill. Stop by occasionally or come every week for food and activities.

Youth Group - Middle School

FEBRUARY 4 AND FEBRUARY 18, 12-1PM

CHI RHO Youth (grades 6-8) will meet on Sundays, February 4 and 18 from 12-1PM at the church. Come on over for lunch and activities.

Youth Group - Grades 3, 4, & 5

FEBRUARY 4 AND FEBRUARY 18, 12-1PM

JYF Youth (grades 3-5) will meet on Sundays, February 4 and 18 from 12-1PM at the church for lunch and activities.



FCC Connect

THURS, FEBRUARY 8 AT 6:30PM CONTACT THE CHURCH OFFICE FOR THE ZOOM LINK

Enjoy visiting with others? Want to make some new friends? FCC Connect is an online opportunity to do just that. Sign on and join the conversation.

Ladies Lunch Out

THURS, FEBRUARY 15 AT 11:30AM

In these winter months the monthly meal out is at lunchtime. You are invited to join others from FCC on Febuary 15 at 11:30am at Blackstone (503 Westbury Dr., I.C.).

Hannah Circle

MON. FEBRUARY 19 AT 1:00PM CONTACT THE CHURCH OFFICE FOR THE ZOOM LINK

On February 19 Hannah Circle will meet on Zoom at 1pm. All ladies of the church are welcome.

Book Club

THURS, FEBRUARY 22 AT 7:00PM

CONTACT THE CHURCH OFFICE FOR THE ZOOM LINK

The FCC Book Club is reading Last *Circle of Love*, a story set in a church and told by a ladies' group who is writing a recipe book for romance. Join the conversation onsite at the church or online via Zoom.

Keeping Connected

Annual Congregational Meeting

SUN, FEB 25 AT 11:15AM CONTACT THE CHURCH OFFICE FOR THE ZOOM LINK

Our Congregational Meeting takes place on the last Sunday in February. Attend onsite or online to approve the list of leaders for the coming year and hear updates on ministry at FCC.

Online Directory

CLICK HERE TO ACCESS DIRECTORY

The best way to get updated contact information is to use the church's online directory through Realm.

Regional Youth Retreats

FEBRUARY 9-11 AND 23-25 LEARN MORE

Mid-Winter Youth Retreats are underway at the Camp and Conference Center in Newton. Talk to Kara if you're interested!

Chi Rho Retreat - January 26-28

• For grades 6, 7, 8

Junior Retreat - February 9-11

• For grades 3, 4, 5

CYF Retreat - February 23-25

• For grades 9, 10, 11, 12





In the Community

Spring Mission Projects @ FCC





An open door, a full plate, no questions asked

provide and serve lunch every other month at FLP. <u>Click here</u> to sign up to provide food or serve on our next date: Saturday, February 24.

FCC volunteers to



MARCH

EBRUARY

LL.



We support by collecting **office supplies**, allowing more of their funds to support their service in other ways. A list of needed items will be published in March and we also are looking at the possibility of a day to volunteer with Table to Table. We will collect most needed items for Houses into Homes. A list will be published in April.



A list will be published in April. We will also be volunteering for a delivery day: April 7 from 9am-1pm. Watch for this sign up soon!

Ways to Engage Making a difference in the community

Sound of Friendship Concert and Dessert Reception - February 17 - GET TICKETS HERE

FCC's own Al Zimmerman is performing at this concert, which benefits Compeer. Compeer is a local nonprofit promoting mental wellness through friendship, and matching adults with trained volunteers. Enjoy some great music and support this meaningful cause!

Shelter House Book Sale - March 23 and 24 - CLICK HERE FOR MORE INFO

Shelter House is hosting their annual book sale in March. They need book donations, workers and shoppers!

Table to Table - Needs Volunteers - CLICK HERE TO LEARN MORE

Table to Table is our local food rescue organization and they are seeking volunteers for both occasional and ongoing support. Help is especially needed during these winter months.



Dear Church Family,

When our last newsletter went out, Christmas had not yet come. Since then we have each been gifted with a generous Christmas gift from you, the congregation. Thank you for your kindness at Christmastime and for all the ways you support the ministry we share. We are grateful to work in such a loving place.

Your Church Staff,

Jill, Kara, Laura, Carol, Michael, Lori, Caitie, Kalea, and Damian

Thank you to everyone who helped with the celebration of Rev. Bob Welsh's life. Whether you helped set up, served during the reception, helped with clean up, or simply joined us to celebrate the impact he had, we appreciate you!

Thank You Notes

Thank you to Damian Dorta who has been our Technology & Communications Assistant since early 2021. In a time when technology became so central to our ministry, he was a gift. Damian has completed his work with us. Cameron Michel is our new Techology Assistant ensuring that we have weekly online worship.

First Christian

2 CLICK HERE FOR FCC'S FEBRUARY CALENDAR

First Christian Church (Disciples of Christ)

900 Lincolnshire Place Coralville, IA 52241 319-337-4181

ICDISCIPLES.ORG

Office Hours: Monday - Thursday 9:00AM to 12:00PM clergy staff available by appointment

First Christian Church Staff

Rev. Jill Cameron Michel, Senior Pastor Home: 319-665-2276

Rev. Kara Seaton, *Associate Pastor* children & youth, connection & communication

Rev. Laura Kittrell, Minister of Music and Worship

Carol Mertens, Office Manager

Michael Hull, Custodian

Lori Smith, Bookkeeper

Kalea Seaton, Nursery Caregiver

Caitie Klein-Lester, Nursery Caregiver

Cameron Michel, Technology Assistant